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Remember Who You Are presents photographic and video work by seven Melbourne based artists whose fascination is with over looked experiences, the presumed ordinary. The economic and technological acceleration of life in western society allows us less and less time to reflect, contemplate. The artists in this exhibition have tried to slow time (this slowing is essential) fixing moments from their everyday lives anto photographic paper, revealing and elevating their slowing is essential) fixing moments from their everyday lives onto photographic importance. The fascination of the everyday, the simple things, the ignored things, the domestic, the personal. The true 'strangeness' of the commonplace.

As the patients in Oliver Sacks' novel Awakenings are stopped in the midst of their lives by meningitis, so the artists in this show have stopped to photograph what

they see. It is intriguing where each person has stopped and what determines this point of punctuation. After all, the sheer volume of information that exists in everyday life at each and every instant is potentially overwhelming. The 20th century philosopher Henri Bergson suggests that the human senses should be regarded as limiters to this energy that bombards our beings. The artists, like anthropologists, look closely at their ongoing visual fields. They observe their daily lives to reflect, remember and substantial change in speed. In Slowness, bond between forgetting and speed. Imagine a man walking down a street, at a certain moment he wants to forget where he is, he is pre-occupied, his pace quickens as if he were trying to distance

himself from a thing still too close to him in time. Meanwhile a person who wants to take in his surroundings (remember) unconsciously slows down, allowing himself to open up to other layers of experience. Both people walk down the same street, yet their impressions differ. The art works appear documentary in nature vet they have no beginning, end, direction instability in terms of meaning and are glimpses of the inner and outer world of the of the ambiguous, the shifting, and is shaped by its context." There is no physiological definition of visual perception because the physiological event of seeing obeys biological and psychological laws. We learn to pass quickly from one impression to another and see things "through the spectacles of memory." Some things we see harbour much more than the particular significance - the question is what determines this significance. Something tossed away may be beautiful to someone. And the empty room is full of ahosts. The artists in this exhibition share an ongoing fascination with every day experiences and their aesthetics. Their work considers and reflects on the ways the artists confront and navigate themselves through their everyday lives. By looking at the seemingly insignificant, each artist is revealing details from the everyday.

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Alison Weaver and Peta Clancy